

MEETING SUMMARY**Date:** June 22, 2011**Time:** 10:00 am to 11:30 am**Connecticut Department of Public Health:** Lisa Davis, Chris Andresen, Renee Coleman-Mitchell, Valerie Fisher, Eugene Nichols, Pamela Kilbey-Fox, Carol Stone,**Meeting Participants:** Linda Colangelo, Susan Starkey, Deborah Buxton-Morris, Jim Rokos, Rob Miller, Jen Muggeo, Cindy, Barry, Patrick McCormack, Yvette Highsmith-Francis, Anna, and Neal Lustig.**WELCOME AND INTRODUCTIONS**

Renee Coleman-Mitchell welcomed everyone and thanked ACHIEVE Leaders for attending/participating via conf. call on short notice. Meeting participants then introduced themselves.

Community Transformation Grant (CTG) Overview

Middletown ACHIEVE is located in New Britain.

Looking to convene county wide to address strategic direction

Linda - North East District:

North Eastern part of the state is well represented. They have been using the CHANGE Assessment tool for 3yrs and submit findings yearly.

- Use for annual progress reports
- Policy change
- Community coalition - loosely knit
 - Schools, communities, worksites

The ACHIEVE Grant provided strategic direction with its implementation in the Plainfield Schools. The CHANGE tool was used to implement the WRITE Steps program in 9 schools with 4400 student participating and total school involvement.

- Start school day with Daily walks – entire school (students, faculty, maintenance, etc...)
- Walk topics to discuss with students
- Students journal (10min recap of walk topic)
- Pedometers for kids – Health Quest Coalition

Cindy – Ledge Light

Coalition – Hard to change thing to “policy” CHANGE tool helped. Helped see what goal to set in future years used interview style. The change tool looks at policy and environment.

- Wholesome wave-coupon that doubles farmers market purchases
- Health Quest Coalition
- Worksite Wellness Toolkit

- NuVal Food Scoring System
- Trying to bring YMCA to district
- Need Training on Use of Change Tool

Ande Bloom has done much to make the tool more user friendly.

Shift in focus from programs to policy changes

Rob Miller - Eastern Highland

We already had the award so the Matters of the Heart Coalition used the achieve award to build upon the existing coalition with monthly meeting to review community action plans. The change tool was modified to make it less cumbersome; we used the parts that worked best for our program.

Successes

- build Leadership team to move/influence policy change
- parks & recreation depart
- community create opportunity for activities
- low cost discounts to business
- employee wellness program
- inroads into school – safe routes
- farmers markets
- challenge to show causal effects statically

Jim - Litchfield

Family Strides

Get Fit – Greater Torrington Coalition

- elementary students (schools)
- working adults (workplaces)
- senior citizens (sound fitness & nutrition practices)
- coalition of private and public members
- inventory of programs to address gaps

Budget

- develop leadership team
- outreach
- policy research
- staffing
- d

Cindy New London Area

To assess the need

1. healthy resident tool
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2. NACCHO environmental scan of areas
3. Census block groups – tool for healthy disparities identification
4. bike tour of unsafe routes
5. walking tour unused parks
 - Healthy residents survey
 - Fresh New London – fruits and vegetables to local markets
 - Farmers Market and WIC coupons
 - use GIS to identify areas of need
 - add consumers to list
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Anna – CHC New Britain Grant starts July 1, 2011

- Discover collaborative
- Uses change tool

Coalition is first step prior to needs assessment

- Create a network of community groups
- By-laws for coalition with coalition partners
- Sustainability

Patrick – Uncasville DPH HDSP grant

The support makes it easy to pull all leaders and coalitions together

New London Health collaborative consists of

- 4 hospitals
- 2 health districts
- 3 COGS
- 1 chamber of commerce
- 1 food policy collaborative

Implementation

- Community needs to own grant goals/activities
- Reach outside communities not part of ACHIEVE communities
- Use CTG funds to expand on ACHIEVE communities beyond existing towns
- Reach people who are hidden - address disparities

- Reach out to smaller towns
- Facilitators Network CDSMP
- Community harvest network (new London)
 - Ordinance for NO Smoking in parks
- Bring in Tribal Nations to grant as partners

Funding

- Need funding to continue work of ACHIEVE

Evaluation

- At state or local level – Carol Stone, Lead
- Each county select their own fiduciary and distribute funds as appropriate

Disparities/challenges/if addressed:

- Need to build capacity difficult to engage
- Migrant farm workers

Wrap-up:

Letters of Support template

Survey

Next meeting Tuesday, June 28, 2011 10:00 A.M. -11:30 A.M